internet matters.org

E-safety

Please take a seat and Mr Goymer will be with your shortly.

internet matters.org

Mr Goymer

Year 5 teacher
Computing coordinator
Teacher governor

internet matters.org

Bringing up a child in the 21st century

internet matters.org

Technology was different when we were young...

internet matters.org

But the internet has changed everything...

internet matters.org

42%

of 9-16 year-olds accept 'friend' requests from people they don't know*.

44% of parents don't know that e-safety is on the primary curriculum**.

Cyberbullying is now more common than face-to-face bullying among 9-16 year-olds*.

56%

of parents ask their children for advice on technology**.

32% of 9-16 year-olds don't know how to report abuse online*.

internet matters.org

So what can we do...?

Learn

1. Learn about e-safety

Be aware of the technology children are using and at what age

Understand the issues and facts surrounding e-safety

Talk

2. Talk about e-safety

Take time to talk to your children about e-safety

Share your experiences with other parents and teachers

Deal

3. Deal with e-safety

Understand and take action to deal with e-safety

Use the tools and controls provided to help protect children online

internet matters.org

What are children doing online and when?

0-5

Using apps
Going mobile
Online gaming
Downloading

6-9

Using apps
Going mobile
Online gaming
Downloading
Chatting

10+

Using apps
Going mobile
Online gaming
Downloading
Chatting
Social networking

Ages 0-5

Learn

Children age 0-5 are:

Using apps
Going mobile
Online gaming
Downloading

Learn

Which is correct?

a. 24% of parents say that their children enjoy learning through technology

b. 59% of parents say that their children enjoy learning through technology

c. 77% of parents say that their children enjoy learning through technology

You can embrace technology as a way of helping your children learn

Which is correct?

a. 24% of parents say that their children enjoy learning through technology

b. 59% of parents say that their children enjoy learning through technology

c. 77% of parents say that their children enjoy learning through technology

Learn

Understanding the issues

- Young children find it difficult to regulate their time playing games and watching videos
- Children may see inappropriate content by mistake
- It can be easy for children to accidentally make in-app purchases if they know your passwords

Talk

Talking about the issues

- Talk to your child about what they do online and explore the internet together
- Introduce some simple rules and explain why they are in place e.g. if a strange message appears they must tell you
- Be clear how long they are allowed to use a device for and why
- Encourage them to use games, apps and websites that you know are appropriate

Deal

How to deal with the issues

- Ensure that you're using parental controls on your home broadband
- Keep computers in communal areas so that you know what your children are looking at
- Check age restrictions on games and apps
- Keep devices out of reach and set passwords so they have to ask when they want to go online
- Use safe search on search engines and YouTube

Ages 6-9

Learn

Children age 6-9 are:

Using apps
Going mobile
Online gaming
Downloading
Chatting

Learn

Which is correct?

a. 50% of children aged 5-11 have access to an internet enabled device

b. 79% of children aged 5-11 have access to an internet enabled device

c. 97% of children aged 5-11 have access to an internet enabled device

Learn

The majority of children have internet on their phones or computers…

Which is correct?

a. 50% of children aged 5-11 have access to an internet enabled device

b. 79% of children aged 5-11 have access to an internet enabled device

c. 97% of children aged 5-11 have access to an internet enabled device

Learn

Understanding the issues

- As children get more internet saavy the risk of them seeing inappropriate content increases
- Friendships can be developed with people children don't know in real life
- The anonymity of the internet can make children say things they wouldn't normally say face to face
- Children could give out personal information like full name, age and address to new online friends without realising the risks
- It can be really easy to make costly in-app purchases by mistake
- Spending too much time online could have negative effects on young people

Talk

Talking about the issues

- Encourage your child to:
  - Talk about what they do online and any worries they might have
  - Be open and honest about unsuitable content that they accidentally come across
- Talk about the difference between online and offline friends, the people online might not be who they say they are
- Encourage them to treat people as they would in real life and be a good online friend
- Talk to siblings about what they might be sharing with younger children and what is and isn't appropriate

internet matters.org

Before you say anything online, think about what your **grandmother** / teacher / head teacher would think if they read it?

Talk

What would you do...?

Your child has recently stopped using their favourite online game and seems very upset. You suspect they may be getting bullied online. What are your next steps?

Whilst looking for information about their favourite book character your child has come across inappropriate content. What can you do?

Deal

How to deal with the issues

- Use your broadband provider's parental control settings
- Set and maintain boundaries:
  - How much time they can spend online
  - That they only view age appropriate content
  - Where they can go online i.e. in a communal areas not their bedrooms
- Set passwords so they have to ask you when they want to go online
- Use safe search on search engines and YouTube
- Check age restrictions on games and apps they are accessing
- Explore the internet together, find appropriate and interesting sites that everyone is happy with

Ages 10+

Learn

Children age 10+ are:

Using apps
Going mobile
Online gaming
Downloading
Chatting
Social networking

Which is correct?

a. 13% of parents allow their children to download apps without their permission

b. 29% of parents allow their children to download apps without their permission

c. 55% of parents allow their children to download apps without their permission

Learn

It's important to check that apps are age appropriate for your child

Which is correct?

a. 13% of parents allow their children to download apps without their permission

b. 29% of parents allow their children to download apps without their permission

c. 55% of parents allow their children to download apps without their permission

Learn

Understanding the issues

- Children may begin using unsuitable sites for their age. Sites like Facebook and Instagram have an age restriction of 13+
- Children may be drawn to seek out pornographic content or may come across it by accident
- Adults seeking inappropriate relationships with children may groom targets online
- Children increasingly share information and could be putting themselves or their reputation at risk e.g. sharing their location via apps or uploading photos or videos
- Free but illegally downloaded content like films, music and games may also leave viruses or other nasty software on computers

Learn

Understanding the issues

- The feeling of being anonymous can have a detrimental effect on children's behaviour i.e. they may say mean things without fear of consequences

- Access to WiFi in public places is often unfiltered meaning children may come across inappropriate content

Talk

Talking about the issues

- Have frank discussions about your family rules and why it's important to follow them
- Agree a clear procedure for your child to follow if they ever feel worried about an online experience
- Start discussions early about social networking
- Find out who their online friends are and who they are chatting to. Talk about the difference between cyber and real life friends
- Talk about the possible consequences of sharing content and how this might affect them and their reputation

Talk

What would you do...?

Your family uses Facebook together – you have the password and login details. One day you notice that a child from school is posting inappropriate content. What do you do?

It's important for children to keep in control of their friends lists online. What steps would you take to ensure your child has a responsible attitude to making friends online?

Deal

How to deal with the issues

- Use the appropriate parental controls on your home broadband
- Manage your children's devices and set clear boundaries
- Base decisions on when to buy a mobile or tablet on how responsible they are on the family computer
- Don't respond in anger if your child comes across inappropriate content by mistake
- Be open about the issues and encourage them to come to you with any problems or worries they might have
- Check age ratings on websites, apps and games
- Look for good privacy settings and reporting tools on new apps and sites, and encourage your children to do the same
- Try and use family friendly WiFi when you are out and about

Deal

Demystifying parental controls

- Setting up parental controls on your home broadband is quick and easy to do
- All the major broadband providers offer these:
  - Sky Broadband Shield
  - BT Parental Controls
  - TalkTalk HomeSafe
  - Virgin Media Web Safe
- All allow you to block certain categories of website
- Some let you set time limits and also block individual websites
- Settings can be changed instantly and as often as you want by logging into your account

Deal

Categories of website that can be blocked by parental controls:

- Pornography and adult content
- Hate crime
- Drugs and criminal skills
- Suicide and self-harm
- Weapons and violence
- Dating
- Online gaming
- Social networks
- Anonymizer, file sharing and hacking
- Phishing and malware

internet matters.org

E-safety on the curriculum

internet matters.org

E-safety lessons

Online politeness

Using technology appropriately

Keeping personal information private

Appropriate behaviour when communicating online

Email safety – viruses, spamming, cyberbullying

Knowing who to trust and when to ask a trusted adult for help

Thinking critically about online content

Identifying unsafe situations

Being honest and open with a trusted adult about online experiences

Using chat rooms safely

Dealing with irresponsible and unsafe online behaviour

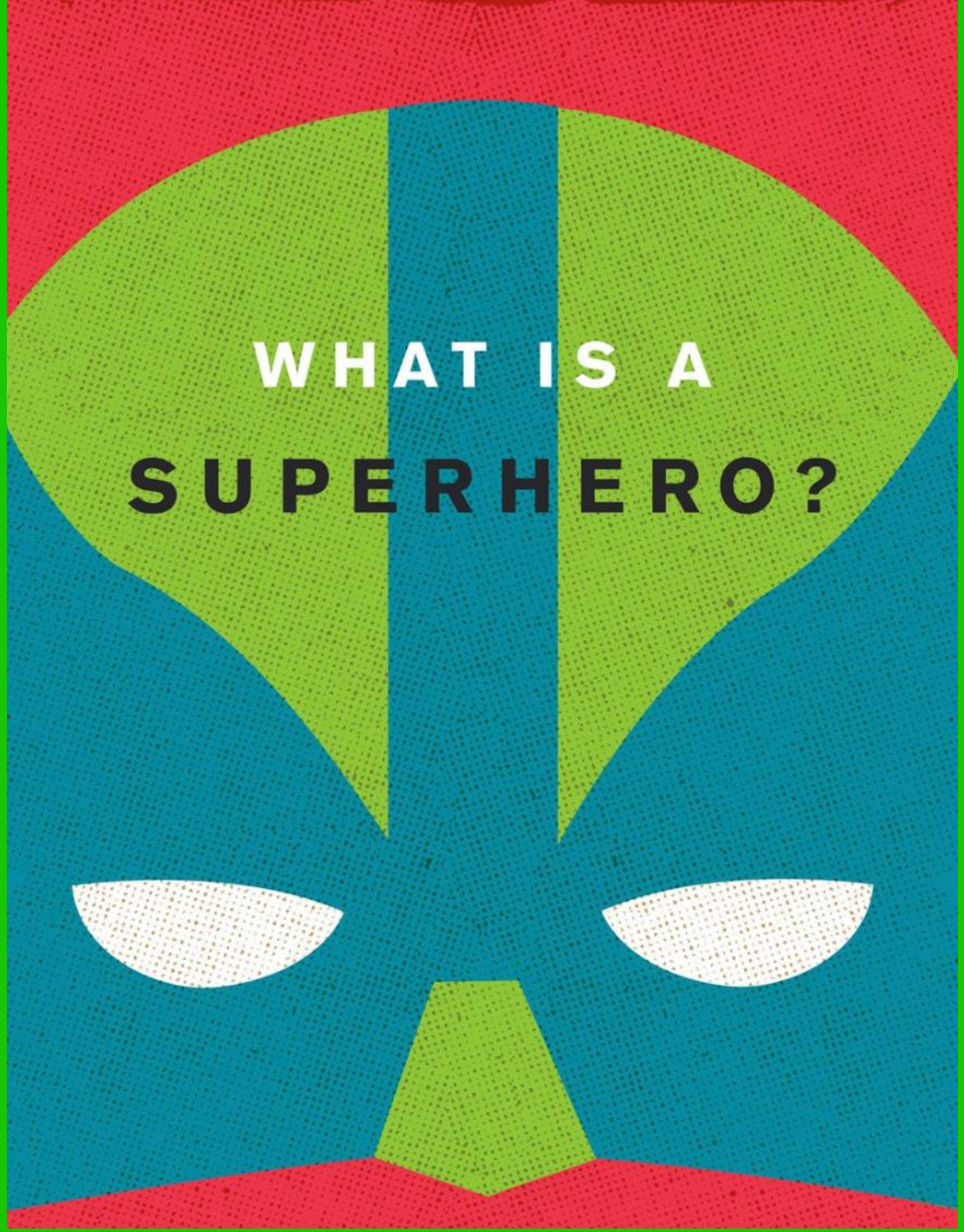
Text / picture messaging safety

Social networking safety

OR

internet matters.org

internet matters.org



internet matters.org

Special powers

internet matters.org

Secret identity

internet matters.org

Strong morals

(even when things are difficult)

internet matters.org

A reason for wanting to save people

internet matters.org

An arch enemy

internet matters.org

A wise mentor

(a superhero doesn't always get everything right the first time)

internet matters.org

Can you be an online superhero?

WITH
GREAT POWER COMES
GREAT RESPONSIBILITY
HEROICWALLPAPERS.COM

internet matters.org

What you can do now

Learn

Learn more about what your children are doing online and understand the issues

Talk

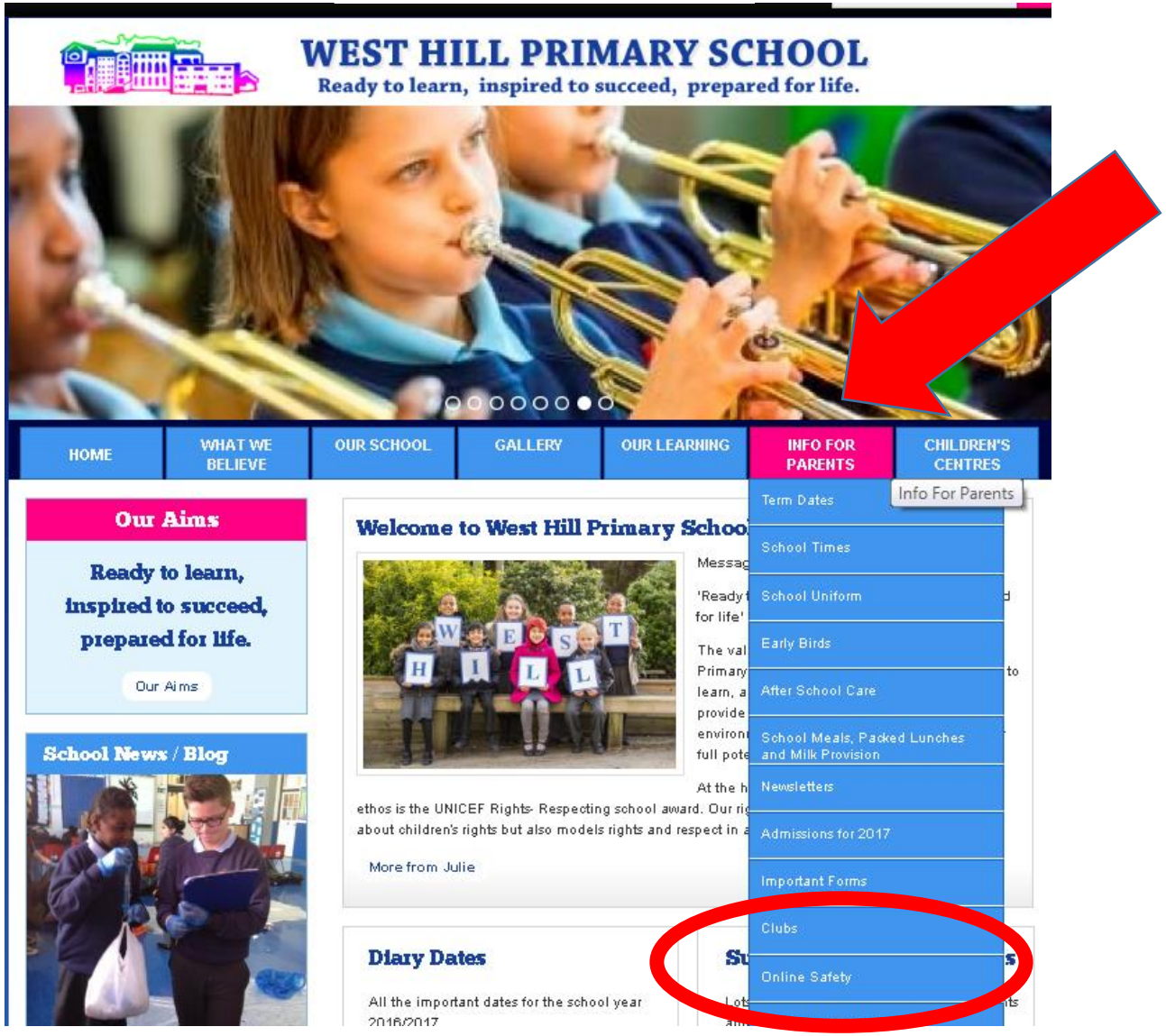
Talk to your children about what they might come across online and how to stay safe

Deal

Use parental controls to filter the content your child is able to access

internet matters.org

Learn



internet matters.org

Learn

http://www.westhillprimaryschool.org/for-parents/e-safety/

internet matters.org

Learn

www.internetmatters.org/advice/

internet matters.org

Who do they connect with online?

Where do they go online?

What do they do online?

internet matters.org

Deal

Online resilience

How to deal with situations safely and appropriately

internet matters.org

CEOP Jigsaw video

https://www.youtube.com/watch?v=_o8auwnJtqE