

# TRANSITIONING TO SECONDARY SCHOOL: MANAGING WORRIES

*1 hour Online Parent & Child Workshop*

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**Does your child attend a Wandsworth school?  
Are they experiencing worries about transitioning to secondary school?**

**Would you and your child like some top tips on building confidence around starting secondary school?**

**We aim to offer a fun & interactive space to you & your child to learn about anxiety & develop strategies to feel more confident about starting secondary school.**

**We are running this workshop across the summer holidays and will confirm the times & dates by email when we know how many people would like to attend.**

**IF YOU ARE INTERESTED IN ATTENDING:**

**Email [WandsworthWP@swlstg.nhs.uk](mailto:WandsworthWP@swlstg.nhs.uk).  
Please state which school your child attends.**

**Wandsworth Children & Young People's Wellbeing Service**