

Nurturing Principles

- We believe in ourselves.
- We all learn in our own way and in our own way.
- We use our own words to talk about how we are feeling.
- We can cope with the changes in our lives.
- Our feelings can show how we are feeling.
- Our school is a safe place to be.



Attendance and Punctuality

Please ensure that your child is present and on time each morning. School gates open at 8:35. The Nursery and Reception gate will open at 8.40. **The register is taken at 8:50.** Please be on time, as this will help them to do the best that they possibly can this year.

Children arriving after registration with no explanation from parents are marked with an unauthorised absence.

Self-Regulation: Colour Monster

We have been learning how we can use zones of regulation to understand and regulate our emotions using our book called 'The Colour Monster'.



When we are in the Green Zone we can be calm, happy, focused or content.



When we are in the Yellow Zone we can be frustrated, anxious, excited, silly, worried



When we are in the Red Zone we can be angry, panicking, terrified or elated



When we are in the Blue Zone we can be sad, tired, bored or poorly



The zones of regulation helps children recognise their own triggers, learn to read facial expressions, develop problem-solving skills, and become more attuned to how their actions affect others.

Our self regulation principles and techniques:

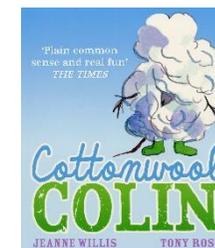
1. Take a deep breath
2. Go to our 'calming area'
3. Count to 10
4. Have a drink of water
5. Talk to an adult

Books to read at home

We explored these three book during the Autumn term. The children really enjoyed these books and as they have prior knowledge of the books they will be able to engage in good discussion about them.

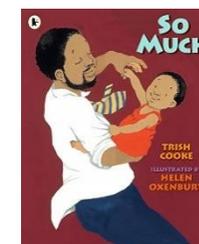
Cottonwool Colin

Colin is small, even for a mouse. His mother refuses to let him play outside with his brothers and sisters unless he is wrapped in a big fluffy ball of cotton wool. But instead of keeping him safe, the cotton wool attracts the attention of every fierce creature imaginable. After a day out, Colin returns home without his cotton wool, but feeling much BIGGER, and ready to tell his mother that he can look after himself.



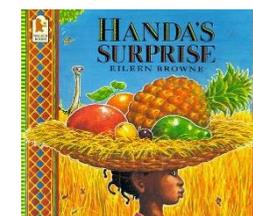
So Much!

One by one, family members drop by on a mum and her tot – all wanting to squeeze, kiss and give undivided attention to the baby. When Dad finally homes home to a surprise birthday party, the house erupts in celebration and love. It's a night that the baby never wants to end...



Handa's surprise

This is the story of Handa, who's part of the Luo tribe in south-west Kenya. Handa decides to take seven pieces of delicious fruits to her friend, Akeyo, who lives in the neighbouring village. But as Akeyo wonders, I wonder what fruit Akeyo will like best?, a series of sneaky animals steal something from Handa's basket, which she's carrying on her head... When Handa reaches Akeyo, will she have anything left to offer her friend?



Phonics – We are learning to

Nursery – Continue to work on oral segmenting and blending

Fred talk (Segmenting words in to their sounds as you say them)

C-A-T (cat)



You can incorporate it in to daily language.

e.g. “Time to go to B-E-D (bed)”



Reception

Continue to learn set 1 sounds

m, a, s, d, t, i, n, p, q, o, c, k, u,

b, f, e, l, h, sh, r, j, v, y, w, th, x,

ch, qu, x, ng, nk

The Tricky Words

to, the, I, no, go, into

Blend sounds to read words containing ‘special friends’ (th, sh, ch, qu, ng, nk)

e.g. **that**, **ship**, **fish**,

Writing – We are continuing to



on saturday I
Went to the
metford

Nursery

Correctly form some or all of the letters in their name.

Reception

Spell words by identifying the sounds and then writing the sound with letter/s.



Early Years

Spring 1

Topic: Space



This half term our focus will be on Space. During our activities we will be exploring all the things we find in space and thinking what might be in space that we don’t know about yet! Another focal part of our learning will be exploring rockets, thinking about how astronauts get to and travel through space.

School Uniform

Boys	Girls
Pale blue polo shirt	Pale Blue blouse or polo shirt
Grey Trousers	Grey skirt or trousers
Grey shorts (Summer Term)	Blue checked dress (summer)
West Hill sweatshirt	West Hill sweatshirt
Black shoes (no trainers)	Black shoes (no trainers)
	Plain blue or black hairbands
	Plain blue/ black headscarves

Coffee Morning dates – Wednesdays

12th January – Welcome back from Heads.

19th January – PTA meeting (please join if interested)

26th January – Y1 phonics screening.

2nd February – Top 10 tips for parents helping their children at home

9th February – Y2 SATS meeting.

Virtual Parents Evening - 23rd and 24th Feb

Maths – We are learning to

Nursery

Use Positional language

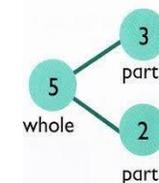


Reception – Composition

-The concept of wholes and parts

-The composition of 3, 4 & 5

-Part-part-whole relationship



Our topics

Aliens & Astronauts

- What are Astronauts?
- Who can be an Astronaut?
- What are Aliens?
- What do Astronauts do?
- How do Astronauts dress?
- Where do astronauts live in space?

Rockets

- What do we use rockets for?
- How do rockets fly?
- What do rockets look like?
- Designing rockets
- Building our own rockets

Planets

- Our planet (Earth)
- Our Moon
- Our Sun
- Our Solar system